

FLAG RUGBY CAMP BOYS & GIRLS • 3RD - 8TH GRADES

Flag Rugby is a fast-moving, non-contact, running & ball carrying game. The interchangeable nature of possession requires switching from offense to defense in an instant. Skill development and playing time will also be included during the camp.

Date: Sat. • Feb. 6, 13, 20, 27 & Mar. 6, 13, 20

Time: 9:00 - 10:00 ^{am} = 3rd - 5th graders

10:00 - 11:00 ^{am} = 6th - 8th graders

Cost: \$20.00 R / \$25.00 NR (includes t-shirt)

Location: Riverside

Instructor: Benjamin Blanc, FDL Rugby Inc.

NOTE: *pre-registration required • register at the Rec. Dept.*

